P.E. Overview 2026 - 27 - with links to Complete PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	**Fundamental ABC**	**Games** Hands 1	***CHANCE TO SHINE*** *Cricket Delivery for EYFS* *(Coaches to deliver)*	**Dance** Moving to music	**Gymnastics** High, Low, Over, Under	**Locomotion** Walking
Reception	**Locomotion** Jumping	**Gymnastics** Moving	***CHANCE TO SHINE*** *Cricket Delivery for EYFS* *(Coaches to deliver)*	**Dance** Ourselves	**Games** Feet Hands 2	**Games** Attack vs Defence Games for Understanding
Year 1.1	**Games** Ball Skills Hands 1 & 2	**Games** Feet	**Dance** Growing	**Gymnastics** Body Parts	**Locomotion** Running	**Games** Attack vs Defence Games for Understanding
Year 1.2	**Games** Ball Skills Hands 1 & 2	Application of Feet skills into games	Health and Wellbeing	Water Safety	Team building	Application of skills in game
Year 2.1	**Games** Ball Skills Hands 1 & 2	**Games** Feet	**Dance** Explorers	**Gymnastics** Linking Movements	**Locomotion** Jumping	**Games** Attack vs Defence Games for Understanding
Year 2.2	**Games** Ball Skills Hands 1 & 2	Application of Feet skills into game	Health and Wellbeing	Water Safety	Team Building	Application of skills in games

Year 3.1	Swimming 3R (14 weeks) Gymnastics - Symmetry & Asymmetry	Swimming 3R (14 weeks) Dance Weather	Swimming 3T (11 weeks) Dance Weather	Swimming 3T (11 weeks) Gymnastics Symmetry & Asymmetry	Swimming 3T (8 weeks) Athletics Throwing, Running, Jumping	Swimming 3R (5 weeks) Games Focus Invasion - Tag Rugby
Year 3.2	Games focus Striking and fielding Cricket	Games Focus Invasion Games Hockey	Games Focus Net and wall Tennis	Water Safety	Outdoor and Adventurous: Problem Solving	Application of Rugby skills in game
Year 4.1	Games Focus Striking and fielding Cricket	Games Invasion Games Rugby	Dance Cats	Gymnastics Bridges	Athletics	Games Invasion Games Netball
Year 4.2	Application of cricket skills into a cricket game.	Application of skills into a rugby game	Health and Wellbeing Mindfulness	Water Safety	Outdoor and Adventurous: Orienteering	Application of Netball skills in game
Year 5.1	Games Invasion Games Hockey	Games Invasion Games Rugby	Dance Greeks	Gymnastics Counter balance and counter tension	Games Net and Wall Games Tennis	Athletics
Year 5.2	Application of hockey skills in game	Application of rugby skills in game	Health related exercise	Water Safety	Application of Tennis skills in game	Outdoor and Adventurous: Communication and tactics
Year 6.1	Games Invasion Games Rugby	Dance Circus	Games Striking and Fielding Games Cricket Cricket led by Chance to Shine	Gymnastics Matching and mirroring	Games Invasion Games Netball	Athletics Competition Unit

Year 6.2	Application of rugby skills in game	Health related exercise	Application of cricket skills in game	Water Safety	Application of Netball skills in game	Outdoor and Adventurous: Leadership